

Date: 8/6/25

PREP EEC/CSPP/PALS LAUSD Breakfast, Lunch, Snack Menu
September 29 – October 3, 2025

	Monday 9/29	Tuesday 9/30	Wednesday 10/1	Thursday 10/2	Friday 10/3
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée	Cinnamon French Toast V	Morning Magic Bagel V	LTO- Tortilla Omelet	Yogurt 4 oz. & Crackers V (R5617-DW, R5618-CB)	Deluxe Cereal Bowl V
Fruit	Fresh Fruit	Fresh Fruit	Perfect Pears (R3163)	Fresh Fruit	Fresh Fruit
Milk (6 oz.)	Milk	Milk	Milk	Milk	Milk
Condiments	-	Cream Cheese, Strawberry Jam	Taco Sauce	-	-
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Entrée	Beef & Cheese Burrito	Turkey Breast Sandwich, 1/2 OR Turkey Breast & Cheese Sandwich	Pepperoni Pizza Wedge OR Cheese Pizza Wedge V	Orange Chicken & Broccoli Bowl	Breaded Chicken Sandwich
Vegetable	Cherry Smooth Cup	Romaine Mix Salad	Orange Medley Juice	<i>Broccoli in Entree</i>	Romaine Mix Salad
Fruit	Fresh Fruit	Frozen Peach Cup	Fresh Fruit	Fresh Fruit	Mixed Fruit Cup
Milk (6 oz.)	Milk	Milk	Milk	Milk	Milk
Condiments	Taco Sauce	Mayo, Mustard, Ranch	-	-	BBQ Sauce, Ketchup, Mayo, Mustard, Ranch
SNACK	SNACK	SNACK	SNACK	SNACK	SNACK
Grain	Cheez-It Crackers	Food & Nutrition Crackers	Cheez-It Crackers	Food & Nutrition Crackers Cheese Plank	Belvita Cinnamon Crackers
Milk (6 oz.) OR Meat/Meat Alt	Milk	Mango Yogurt 4 oz. V	Milk	Milk	Milk

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Milk: Offer One Milk Choice - Low-Fat Milk 6 oz. However, if requested by parent/guardian, an individual carton of Unflavored Fat-Free Milk or Unflavored Fat-Free Lactose Free Milk may be given to a specific student.

Deluxe Cereal Bowl

Cinnamon Toast Crunch	Honey Cheerios
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Fresh Fruit: Options below can be used any time in place of canned or frozen fruit cup/slushes.

Apple	Apple Slices, Red	Banana - Do not order on Mondays	Pear, Bartlett
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